



## Preparation for Year 12 Psychology

Hi, welcome to psychology! We hope this document will prepare you for the A-Level Psychology course - and **inspire curiosity!** Below are some articles, videos, podcasts and tasks that you could complete to help you prepare for the types of topics and activities that you will study with us. There is quite a bit to do, so please do not feel you need to complete it all. You could start by picking the topics you are most interested in and seeing how you get on. You can google the names of the 'read' ideas and follow some of the links we have provided. Please note that due to the nature of the subject, there may be some topics that you find upsetting – please speak to someone you trust if you are affected by anything you read, watch or listen to. If you have any questions or want to share your ideas with us, please email us on [kiwhite@salisbury6c.ac.uk](mailto:kiwhite@salisbury6c.ac.uk) and [pcordell@salisbury6c.ac.uk](mailto:pcordell@salisbury6c.ac.uk).

The specification: <https://filestore.aqa.org.uk/resources/psychology/specifications/AQA-7181-7182-SP-2015.PDF>

### Your task

Choose at least **one** of the sources provided (or you could choose your own if you know it is relevant to Psychology!) and write a review of it, using these questions to guide you.

1. What did you already know about this topic?
2. What did you learn?
3. What did you find particularly interesting?
4. What do you want to know more about?
5. Anything else you wish to share!

### General Psychology

<b>Read</b>	<b>Watch</b>	<b>Listen</b>
Classic Case Studies in Psychology - Dr Geoff Rolls	Child of Our Time - BBC Documentary <a href="https://www.bbc.co.uk/programmes/b0072bk8">https://www.bbc.co.uk/programmes/b0072bk8</a>	The Psychology Podcast <a href="https://scottbarrykaufman.com/podcast/">https://scottbarrykaufman.com/podcast/</a>
Opening Skinner's Box - Lauren Slater	Secret Life of 4, 5 and 6 year olds – Channel 4 Documentary <a href="https://www.channel4.com/programmes/the-secret-life-of-4-and-5-year-olds">https://www.channel4.com/programmes/the-secret-life-of-4-and-5-year-olds</a>	All in the Mind Podcast - <a href="https://www.bbc.co.uk/programmes/b006qxx9/episodes/guide">https://www.bbc.co.uk/programmes/b006qxx9/episodes/guide</a>
Introducing Psychology – Nigel Benson	Old People's Home for 4 Year Olds – Channel 4 Documentary <a href="https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds">https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds</a>	PsychCrunch Podcast <a href="https://digest.bps.org.uk/podcast/">https://digest.bps.org.uk/podcast/</a>
Adapt: Why success always starts with failure – Tim Harford	Inception (movie)	Mind Changers – Radio 4 <a href="https://www.bbc.co.uk/programmes/b008cy1j">https://www.bbc.co.uk/programmes/b008cy1j</a>
Say It With Confidence – Sarah Sutton	The Parkinson's Drug Trial: A miracle cure? BBC Documentary <a href="https://www.bbc.co.uk/programmes/m0002tjw">https://www.bbc.co.uk/programmes/m0002tjw</a>	
50 Ideas You Really Need to Know: Psychology – Adrian Furnham	The Experimenter (movie – Amazon Prime)	
A Beginner's Guide to Being Mental: An A-Z – Natasha Devon	Why do people join Cults? Janja Lalich (TED Talk) – available on Youtube or the TED talk website <a href="https://www.ted.com/talks/janja_lalich_why_do_people_join_cults?language=en">https://www.ted.com/talks/janja_lalich_why_do_people_join_cults?language=en</a>	
Born Liars – Ian Leslie	Crash Course Psychology (Youtube)	

# Paper 1: Introductory topics in Psychology (you will study these first in Year 12 in this order)

## Memory

<b>Read</b>	<b>Watch</b>	<b>Listen</b>
Still Alice – Lisa Genova	How your ‘working memory’ makes sense of the world – Peter Doolittle (TED Talk) <a href="https://www.youtube.com/watch?v=UWKvpFZJwcE">https://www.youtube.com/watch?v=UWKvpFZJwcE</a>	All in the Mind Podcast – Memory and Identity <a href="https://www.abc.net.au/radionational/programs/allinthemind/memory-loss-and-identity/10119238">https://www.abc.net.au/radionational/programs/allinthemind/memory-loss-and-identity/10119238</a>
Patient HM: A Story of Memory, Madness and Family Secrets – Luke Dittrich	How reliable is your memory? Elizabeth Loftus (TED Talk) <a href="https://www.ted.com/talks/elizabeth_loftus_how_reliable_is_your_memory/transcript?language=en">https://www.ted.com/talks/elizabeth_loftus_how_reliable_is_your_memory/transcript?language=en</a>	All in the Mind Podcast – A Highly Superior Memory <a href="https://www.abc.net.au/radionational/programs/allinthemind/a-highly-superior-memory/9397666">https://www.abc.net.au/radionational/programs/allinthemind/a-highly-superior-memory/9397666</a>
Moonwalking with Einstein – Joshua Foer	Why eyewitnesses get it wrong – Scott Fraser (TED Talk) <a href="https://www.ted.com/talks/scott_fraser_why_eyewitnesses_get_it_wrong?language=en">https://www.ted.com/talks/scott_fraser_why_eyewitnesses_get_it_wrong?language=en</a>	Podcast with Elizabeth Loftus <a href="https://open.spotify.com/episode/2ip0XUts0I9b4TPKEkTlBW?si=1OzDurSYR4SbzTTAtY7POg">https://open.spotify.com/episode/2ip0XUts0I9b4TPKEkTlBW?si=1OzDurSYR4SbzTTAtY7POg</a>
Introducing Learning & Memory	50 First Dates (movie)	
Aplysia Californica		

## Attachment

<b>Read</b>	<b>Watch</b>	<b>Listen</b>
King Solomon’s Ring – Konrad Lorenz	The tragedy of orphanages – Georgette Mulheir (TED Talk) <a href="https://www.ted.com/talks/georgette_mulheir_the_tragedy_of_orphanages?language=en">https://www.ted.com/talks/georgette_mulheir_the_tragedy_of_orphanages?language=en</a>	The Psychology Podcast – The Latest Science of Attachment <a href="https://play.acast.com/s/the-psychology-podcast/94-the-latest-science-of-attachment">https://play.acast.com/s/the-psychology-podcast/94-the-latest-science-of-attachment</a>
Why Koko the Gorilla mattered – Douglas Main (National Geographic)	Child Full of Rage (Documentary) <a href="https://www.youtube.com/watch?v=2YhxrkkHUs">https://www.youtube.com/watch?v=2YhxrkkHUs</a>	
A review of attachment theory in the context of adolescent parenting - Flaherty & Sadler (2011)	The Troubled Child (movie – Amazon Prime)	
Attachment in Common Sense and Doodles – Miriam Silver	Babies (Netflix)	
The Perils of Attachment Parenting – Emma Jenner (The Atlantic)		

## Social Influence

<u>Read</u>	<u>Watch</u>	<u>Listen</u>
The Lucifer Effect – Philip Zimbardo	The Psychology of Evil – Philip Zimbardo (TED Talk) <a href="https://www.ted.com/talks/philip_zimbardo_the_psychology_of_evil?language=en">https://www.ted.com/talks/philip_zimbardo_the_psychology_of_evil?language=en</a>	The Dangerous History Podcast – The Psychology of Power and Obedience <a href="https://profcj.org/ep129/">https://profcj.org/ep129/</a>
1984 – George Orwell	12 Angry Men (movie - Amazon Prime)	
	BBC Prison Study (Documentary) <a href="http://www.bbcprisonstudy.org/bbc-prison-study.php">http://www.bbcprisonstudy.org/bbc-prison-study.php</a>	
	The Stanford Prison Experiment (Movie – Amazon prime)	
	‘The Push’ – Derren Brown (Netflix)	

## Psychopathology

<u>Read</u>	<u>Watch</u>	<u>Listen</u>
The boy who couldn't stop washing - Judith Rapoport	Depressed dogs and cats with OCD – what animal madness means for us humans – Laurel Braitman (TED Talk) <a href="https://www.ted.com/talks/laurel_braitman_depressed_dogs_cats_with OCD_what_animal_madness_means_for_us_humans?language=en">https://www.ted.com/talks/laurel_braitman_depressed_dogs_cats_with_ OCD_what_animal_madness_means_for_us_humans?language=en</a>	All in the Mind Podcast – Preventing suicides <a href="https://www.abc.net.au/radionational/programs/allinthemind/preventing-suicide/10344970">https://www.abc.net.au/radionational/programs/allinthemind/preventing-suicide/10344970</a>
One Flew Over the Cuckoos Nest - Ken Kesey	Autism: what we know (and what we don't know yet) – Wendy Chung (TED Talk) <a href="https://www.ted.com/talks/wendy_chung_autism_what_we_know_and_what_we_dont_know_yet?language=en">https://www.ted.com/talks/wendy_chung_autism_what_we_know_and_what_we_dont_know_yet?language=en</a>	
Counselling for Toads – Robert de Board	The man who loved the number 12 (documentary) <a href="https://www.youtube.com/watch?v=NKBnysi83bQ">https://www.youtube.com/watch?v=NKBnysi83bQ</a>	
Sybil – Flora Reita Schreiber	Side Effects (movie – Amazon Prime)	
House Rules – Jodi Picoult	Shutter Island (movie)	
The curious incident of the dog in the night – Mark Haddon	Stephen Fry: The Secret Life of a Manic depressive (documentary) <a href="https://www.youtube.com/watch?v=uj8hqXd7N_A">https://www.youtube.com/watch?v=uj8hqXd7N_A</a>	
	Social Anxiety: Afraid of People (documentary) <a href="https://www.youtube.com/watch?v=gmEJEfy5f50">https://www.youtube.com/watch?v=gmEJEfy5f50</a>	
The man who mistook his wife for a hat - Oliver Sacks		

# Paper 2: Psychology in Context (you will study Approaches at the end of Year 12 and Biopsychology at the start of Year 13)

## Approaches

<u>Read</u>	<u>Watch</u>	<u>Listen</u>
The Interpretation of Murder - Jed Rubenfeld	3 ways to Make Better Decisions – by thinking like a computer – Tom Griffiths (TED Talk) <a href="https://www.youtube.com/watch?v=1mLQFm3wEfw">https://www.youtube.com/watch?v=1mLQFm3wEfw</a>	The Psychology Podcast – Solving the Mysteries of Consciousness, Free Will and God <a href="https://scottbarrykaufman.com/podcast/solving-the-mysteries-of-consciousness-free-will-and-god-with-michael-shermer-and-philip-goff/">https://scottbarrykaufman.com/podcast/solving-the-mysteries-of-consciousness-free-will-and-god-with-michael-shermer-and-philip-goff/</a>
Introducing Freud – Richard Appignanesi & Oscar Zarate	The Sibling Bond – Jeffrey Kluger (TED Talk) <a href="https://www.ted.com/talks/jeffrey_kluger_the_sibling_bond?language=en">https://www.ted.com/talks/jeffrey_kluger_the_sibling_bond?language=en</a>	The Psychology Podcast - Humanism, Enlightenment and Progress <a href="https://scottbarrykaufman.com/podcast/pinker/">https://scottbarrykaufman.com/podcast/pinker/</a>
Introducing Learning & Memory	Supernanny – Channel 4 Documentary – Youtube channel <a href="https://www.youtube.com/channel/UCSkKAqmw8DZjU2A-Fupl1_Q">https://www.youtube.com/channel/UCSkKAqmw8DZjU2A-Fupl1_Q</a>	The Psych Files Podcast – Evolutionary Psychology <a href="https://thepsychfiles.com/2009/12/episode-112-evolutionary-psychology-david-buss-responses-to-critics-part-2/">https://thepsychfiles.com/2009/12/episode-112-evolutionary-psychology-david-buss-responses-to-critics-part-2/</a>
Walden Two – B.F. Skinner	A Dangerous Method (movie – Amazon Prime)	

## Biopsychology

<u>Read</u>	<u>Watch</u>	<u>Listen</u>
The man who mistook his wife for a hat – Oliver Sacks	How your brain decides what is beautiful – Anja Chatterjee (TED Talk) <a href="https://www.tedmed.com/talks/show?id=622969">https://www.tedmed.com/talks/show?id=622969</a>	My Head – James Piercy (BBC Radio 4) <a href="https://www.bbc.co.uk/programmes/b05w3xpk">https://www.bbc.co.uk/programmes/b05w3xpk</a>
Welcome to Your Brain - Sandra Aamodt & Sam Wang	What we're learning from 5000 brains – Read Montague (TED Talk) <a href="https://www.ted.com/talks/read_montague_what_we_re_learning_from_5_000_brains?language=en">https://www.ted.com/talks/read_montague_what_we_re_learning_from_5_000_brains?language=en</a>	The Psychology Podcast – How DNA Makes Us Who We Are <a href="https://psychologypodcast.libsyn.com/143-how-dna-makes-us-who-we-are">https://psychologypodcast.libsyn.com/143-how-dna-makes-us-who-we-are</a>
Born Liars – Ian Leslie	Know thyself, with a brain scanner – Ariel Garten (TED Talk) <a href="https://www.ted.com/talks/ariel_garten_know_thyself_with_a_brain_scanner?language=en">https://www.ted.com/talks/ariel_garten_know_thyself_with_a_brain_scanner?language=en</a>	
	The Brain: A Secret History – Michael Mosley (Documentary) <a href="https://www.bbc.co.uk/programmes/b00x7cb5">https://www.bbc.co.uk/programmes/b00x7cb5</a>	
Behave: The Biology of Humans at Our Best and Worst - Robert Sapolsky	Sleepwalkers – Secrets of the Night (Documentary) <a href="https://www.youtube.com/watch?v=Shof6NPNqg0">https://www.youtube.com/watch?v=Shof6NPNqg0</a>	
	Why can't we sleep – ITV Documentary <a href="https://www.itv.com/presscentre/ep1week28/why-cant-we-sleep">https://www.itv.com/presscentre/ep1week28/why-cant-we-sleep</a>	

# Paper 3: Issues and options in Psychology (these will be the last topics you study in year 13)

## Gender

<u>Watch</u>	<u>Listen</u>
Louise Theroux – Transgender kids <a href="https://www.bbc.co.uk/programmes/b05qkzt2">https://www.bbc.co.uk/programmes/b05qkzt2</a>	Becoming Myself: Gender Identity <a href="https://www.bbc.co.uk/programmes/b04vrvq0">https://www.bbc.co.uk/programmes/b04vrvq0</a>
No More Boys and Girls: Can Our Kids Go Gender-Free? <a href="https://www.youtube.com/watch?v=wN5R2LWhTrY">https://www.youtube.com/watch?v=wN5R2LWhTrY</a>	Am I Transgender Enough? <a href="https://www.stitcher.com/podcast/httpgenderrebelspodbeancomfeed/the-gender-rebels/e/51638508">https://www.stitcher.com/podcast/httpgenderrebelspodbeancomfeed/the-gender-rebels/e/51638508</a>

## Schizophrenia

<u>Watch</u>	<u>Listen</u>
BBC - The voices in my head <a href="https://www.bbc.co.uk/programmes/p066kvg5">https://www.bbc.co.uk/programmes/p066kvg5</a>	What's it like to live with schizophrenia? <a href="https://psychcentral.com/blog/podcast-whats-it-like-to-live-with-schizophrenia/">https://psychcentral.com/blog/podcast-whats-it-like-to-live-with-schizophrenia/</a>
	Inside Schizophrenia <a href="https://psychcentral.com/blog/is/">https://psychcentral.com/blog/is/</a>

## Addiction

<u>Read</u>	<u>Watch</u>	<u>Listen</u>
The Myth of the addictive personality <a href="https://www.psychologytoday.com/gb/blog/in-excess/201605/the-myth-of-addictive-personality">https://www.psychologytoday.com/gb/blog/in-excess/201605/the-myth-of-addictive-personality</a>	Dr Feelgood <a href="http://www.drfeelgoodfilm.com/">http://www.drfeelgoodfilm.com/</a>	The Addiction Podcast <a href="https://feeds.feedspot.com/infiniteresponse.php?followfeedid=4993454&amp;q=site:http%3A%2F%2Fpntnoreturaddictionpodcast.libsyn.com%2Frss">https://feeds.feedspot.com/infiniteresponse.php?followfeedid=4993454&amp;q=site:http%3A%2F%2Fpntnoreturaddictionpodcast.libsyn.com%2Frss</a>
Hostile Personalities More Prone To Nicotine Addiction <a href="http://www.futurepundit.com/archives/001934.html">http://www.futurepundit.com/archives/001934.html</a>	Heroin(e) (Netflix) A new high (Amazon Prime video)	The Addicted Mind <a href="https://feeds.feedspot.com/infiniteresponse.php?followfeedid=4993476&amp;q=site:http%3A%2F%2Ftheadictedmind.libsyn.com%2Frss">https://feeds.feedspot.com/infiniteresponse.php?followfeedid=4993476&amp;q=site:http%3A%2F%2Ftheadictedmind.libsyn.com%2Frss</a>

## Issues & Debates

<u>Watch</u>
Project Nim (Amazon prime) Prompt: do you think it was acceptable to do this research?
The Adjustment Bureau (movie) Prompt: do you think you are in control of your own life, or do you think it's controlled by forces outside of ourselves?
3 Identical Strangers – Channel 4 (also available on Netflix and Amazon Prime) Prompt: do you think behaviour is caused by nature (e.g. genetics) or nurture (e.g. our environment)?

## Wider Extension Work: Future Learn

You could also take some other courses in Psychology that are available for free and will give you lots of information that will be useful for your future psychology studies!

<https://www.futurelearn.com/subjects/psychology-and-mental-health-courses/psychology>

There are a range of free Psychology courses available at Future Learn.

Each course has an official start date, however you can join after the start date. Each course has a 'duration' of how many weeks it is estimated to take you. The free access lasts for this duration plus 2 weeks to allow you extra time, so for example for the Forensic Psychology course you would have free access to the course for 10 weeks.

Name of Course	Outline	Number of Hours/Weeks	Start Date	Link
Forensic Psychology: Witness Investigation	Discover how forensic psychology helps obtain evidence from eyewitnesses in police investigations and prevents cases of injustice	3 hours per week for 8 weeks	Can be started at any time)	<a href="https://www.futurelearn.com/courses/forensic-psychology">https://www.futurelearn.com/courses/forensic-psychology</a>
Psychology and Mental Health: Beyond Nature and Nurture	Explore some of the current challenges and debates in the area of diagnosis and treatment. You will gain new perspectives on the "nature vs nurture" debate, and understand how we are affected by life experiences.	3 hours per week for 6 weeks	Date to be announced	<a href="https://www.futurelearn.com/courses/mental-health-and-well-being">https://www.futurelearn.com/courses/mental-health-and-well-being</a>
Introduction to Cognitive Psychology: Learn how to conduct, analyse and understand cognitive psychology experiments	Consider the psychology of thinking and reasoning. You will learn how to run an experiment, how to collect data, and understand the science behind memory and behaviour through experiments.	4 hours per week for 3 weeks	28th June	<a href="https://www.futurelearn.com/courses/an-introduction-to-cognitive-psychology-as-an-experimental-science">https://www.futurelearn.com/courses/an-introduction-to-cognitive-psychology-as-an-experimental-science</a>