

Safe@S6C

PASTORAL SUPPORT IN COLLEGE

- Tutor is your first point of contact. Pastoral Lead available.
- Pop in or message us on Chat. We can only help if we know.
- Resources available include: helplines, crisis texts, support groups, online support 24/7, self help material.
- We can help you explore this material in 1:1 sessions.
- Let us know if you would like an appointment with one of our professional counsellors.
- We offer safe, non-judgemental and discreet support
- We only share information if it is in your best interest.



WELLBEING

- Please look after your physical, mental and emotional wellbeing.
- We can liaise with external agencies - inc drug awareness, eating disorders, LGBTQ+ support, Young Carers, sexual health, radicalisation, GP, CAMHS, adult mental health support, early intervention team.
- Wellbeing information is signposted in all toilets, and on the S6C 'Information' Classroom on Google: look under Classwork.
- Condoms/STD testing kits are available from the Pastoral Lead; you will be encouraged to contact the Sexual Health clinic for further information.



SAFEGUARDING

- Email or talk to the specially trained team on safeguarding@salisbury6c.ac.uk if you have any concerns about yourself or others.



STAY SAFE - STAY CONNECTED - BE KIND TO YOURSELF AND OTHERS